



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2010

Sporting Excellence in Karate

National Level

James Lee

This is to certify that James Lee has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. James competed at National Championships throughout England in 2010 winning the medals and titles listed below:-

Championship Success - 2 Silver 1 Bronze

South Yorkshire Championships - 1st August, Sheffield

Silver - Team Kata

Shindo Kai National Championships - 14th November, Barnsley

Silver - Pairs Kata

Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2010. Well done James.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy

